



## SMALL GROUP DISCUSSION GUIDE

**ICE BREAKER:** July 17<sup>th</sup> is World Emoji Day. What emoji would you use to describe your feelings about emojis? Do you like them or not?

**INSTRUCTIONS:** If your group meets bi-weekly, do 4 & 5.

1. Read 1 Corinthians 11:27-30. Pastor Tom said, "The taking of communion is a significant and serious thing". How do these verses demonstrate the truth of that statement? What can we do to prepare ourselves for communion? What do you do to prepare yourself for communion?
2. Read 2 Corinthians 13:5. How can you know that Jesus Christ is truly among you? How can you tell if you have genuine faith? Pastor Tom told us the story about Nicodemus from John 3:1-10. How does Nicodemus misunderstand what Jesus is telling him? What is Jesus trying to tell him? What can we learn from this story?
3. Read 1 Chronicles 29:17a, Psalm 26:2 and Psalm 139:1. Think about someone you're close to. What is it like to know their heart? How well do you have to know them to truly know their heart? How does God know our hearts?
4. Pastor Tom gives a list of questions to help you test your hearts in the Message Notes. Take a moment to answer a few of them with your group. What can you do today to make sure your heart is ready to fully receive Jesus? How can your group help to encourage you to do so?
5. Read 1 Corinthians 11:17-22. How were members of the Corinthian church misusing and misunderstanding the ordinance of communion? How does Paul correct them? Read Matthew 22:36-40, Matthew 5:23-24, 1 John 4:19-21 and Romans 12:18. What does it mean to love our neighbor as ourselves? To love our brother? To reconcile with another? How do our relationships with others affect our relationship with God? Are we doing our part to have healthy relationships? How have you demonstrated love to others? How can you begin to love others better?

## PERSONAL GUIDE FOR WEEK OF JULY 15TH

**DAY 1 - 1 Corinthians 11:17-34.** Read Paul's instructions to the Corinthians.

**DAY 2 - Read Ezekiel 36:24-28 and John 3:1-10.** Jesus is referring to the verses in Ezekiel when he tells Nicodemus that he must also be born of the Spirit.

**DAY 3 - Read Psalm 139.** Read how David asks God to search his heart

**DAY 4 - Read 1 Corinthians 14:1-26.**

**DAY 5 - Read Matthew 22:34-40, Mark 12: 28-34 and Luke 10:25-37.** How do the Biblical authors differ in their presentation of "The Great Commandment"? How are they the same?

# DON'T FORGET

## TO LOOK INWARD

SUNDAY, JULY 15TH, 2018

# MESSAGE NOTES & SMALL GROUP DISCUSSION // PERSONAL GUIDES



**“Don’t Forget [To Look Inward]”**  
**[Tom Lundeen, Senior Pastor]**

**MESSAGE NOTES**

In the Scriptures we see 2 things that Jesus \_\_\_\_\_ instituted: Baptism and Communion.

“Ordinances” = *symbolic reenactments of the \_\_\_\_\_ of the gospel (that Jesus lived, died, rose from the dead, ascended to heaven, and is coming back again).*

Communion \_\_\_\_\_ us...

*Note I Corinthians 11:26, 28*

The Scriptures teach that taking communion is a significant and \_\_\_\_\_ thing. In fact, taking communion in a h \_\_\_\_\_ way has serious implications (*note I Corinthians 11:27-30*).

**1. Have I Truly Said My Own \_\_\_\_\_ Yes to Jesus as Lord?**

*Note I Corinthians 14:23-25; II Corinthians 6:2; 13:5*

There is always a danger that a person may think they are a follower of Jesus because of the \_\_\_\_\_...

*Note John 3:1-10*

**2. What Do My Actions and My Heart \_\_\_\_\_ Reveal About My Walk with Jesus?**

God wants to help us \_\_\_\_\_ what He \_\_\_\_\_ when He looks at us (*note I Chronicles 29:17a; Psalm 26:2; Psalm 139:1; Lamentations 3:40*).

It’s healthy to ask ourselves:

- Is there any unconfessed \_\_\_\_\_ in my life...?
- Are my m \_\_\_\_\_ in line with God’s heart?
- Are my p \_\_\_\_\_ reflecting God’s purposes?
- Have I been investing much time and energy in my relationship with God?

- Have I thought much about Jesus recently?
- Am I r \_\_\_\_\_ Jesus more?
- Am I passionate about what Jesus is passionate about?
- Is the t \_\_\_\_\_ of my life moving me towards Jesus, or away from Him?

*Note I Samuel 16:7*

**3. Where Are My Relationships with \_\_\_\_\_ At?**

*Note I Corinthians 11:17-22*

Our h \_\_\_\_\_ relationships greatly impact our vertical relationship with God (*Matthew 22:36-40; Matthew 5:23-24; I John 4:19-21*).

Have we done \_\_\_\_\_ in having healthy relationships (*note Romans 12:18*)?

*Don’t Forget:*

- God always wants the Lord’s Supper to be a time for us to look in the \_\_\_\_\_...

Tell someone about the next step you took today in your spiritual journey. You can also use it to let us know about your commitment, too!



## “Don’t Forget [to Look Inward]”

[Tom Lundeen, Senior Pastor]

### MESSAGE NOTES

In the Scriptures we see 2 things that Jesus clearly instituted: Baptism and Communion.

“Ordinances” = *symbolic reenactments of the truth of the gospel (that Jesus lived, died, rose from the dead, ascended to heaven, and is coming back again).*

Communion challenges us...

Note 1 Corinthians 11:26, 28

The Scriptures teach that taking communion is a significant and serious thing.

In fact, taking communion in a haphazard way has serious implications (note 1 Corinthians 11:27-30).

### 1. Have I Truly Said My Own Personal Yes to Jesus as Lord?

Note 1 Corinthians 14:23-25; 2 Corinthians 6:2; 13:5

There is always a danger that a person may think they are a follower of Jesus because of the wrong reasons...

Note John 3:1-10

### 2. What Do My Actions and My Heart Attitude Reveal About My Walk with Jesus?

God wants to help us see what He sees when He looks at us (note 1 Chronicles 29:17a; Psalm 26:2; Psalm 139:1; Lamentations 3:40).

It’s healthy to ask ourselves:

- Is there any unconfessed sin in my life...?
- Are my motives in line with God’s heart?
- Are my priorities reflecting God’s purposes?
- Have I been investing much time and energy in my relationship with God?
- Have I thought much about Jesus recently?
- Am I resembling Jesus more?
- Am I passionate about what Jesus is passionate about?
- Is the trajectory of my life moving me towards Jesus, or away from Him?

Note 1 Samuel 16:7

### 3. Where Are My Relationships with People At?

Note 1 Corinthians 11:17-22

Our horizontal relationships greatly impact our vertical relationship with God (Matthew 22:36-40; Matthew 5:23-24; 1 John 4:19-21).

Have we done our part in having healthy relationships (note Romans 12:18)?

*Don’t Forget:*

- God always wants the Lord’s Supper to be a time for us to look in the mirror...

Tell someone about the next step you took today in your spiritual journey. You can also use it to let us know about your commitment, too!