



Meals on Wheels - Instructions

Thank you for helping with Meals on Wheels! Here is some helpful information regarding this important meal delivery ministry. There are two routes – EAST and WEST. Each route will take about an hour.

When to pick up: 11:30am @ Monticello Care Center at 1104 East River Street

Where to pick up: Go east on East River Street to the very end and you will come to the lower level of the Nursing Home. Park under the canopy entrance. Occasionally the carts with coolers are parked just inside the door but sometimes you need to go to the kitchen to pick them up. Go to the 1st elevator and press 2R. When the rear door opens you will be in the kitchen. Grab your route supplies:

- ♥ Hot food cooler
- ♥ Dessert cooler
- ♥ Beverage cooler
- ♥ Route clip board – EAST or WEST

Each clip board has the name, address and phone number of the meal recipients. They should be delivered in the order they appear on the list. There are directions to each home and sometimes there are special instructions (example: knock loud). Greet each recipient and ask where you should place their meal. Be a good reader – some people only get meals on certain days, some people get a certain beverage, etc.

When you are finished: simply return the coolers/clip boards to the kitchen. Be sure to let the kitchen staff know if someone was not home to receive their meal; relay any messages. Carol in Dietary is the hospital Meal on Wheels contact person – phone is 763-271-2241. Thank you for your loving kindness.